

22 400m Freestyle Men Final

Official

☰ Entries
☰ Heats
🏆 Summary
📄

Total
13 years
14 years
15 years
16 and older

Rank	Competitor	Age	Club	RT	PTS	Result
1	Li Sam	16	Club 37	0.63		4:19.11 -17.31 Entry: 4:36.42
	25m: 13.19	50m: 28.59 (15.40)	75m: 44.53 (15.94)			
	100m: 1:00.31 (15.78)	125m: 1:16.59 (16.28)	150m: 1:32.71 (16.12)			
	175m: 1:49.26 (16.55)	200m: 2:05.91 (16.65)	225m: 2:22.71 (16.80)			
	250m: 2:39.20 (16.49)	275m: 2:56.14 (16.94)	300m: 3:13.59 (17.45)			
	325m: 3:29.12 (15.53)	350m: 3:45.96 (16.84)	375m: 4:03.70 (17.74)			
	400m: 4:19.11 (15.41)					
2	Delamare William	17	Coast Swim...	0.70		4:22.40 -10.81 Entry: 4:33.21
	25m: 13.12	50m: 28.68 (15.56)	75m: 44.95 (16.27)			
	100m: 1:01.66 (16.71)	125m: 1:18.47 (16.81)	150m: 1:35.74 (17.27)			
	175m: 1:52.56 (16.82)	200m: 2:09.93 (17.37)	225m: 2:26.95 (17.02)			
	250m: 2:44.12 (17.17)	275m: 3:00.78 (16.66)	300m: 3:17.63 (16.85)			
	325m: 3:34.21 (16.58)	350m: 3:51.11 (16.90)	375m: 4:07.43 (16.32)			
	400m: 4:22.40 (14.97)					
3	Doidge Ethan	17	Papakura S...	0.74		4:22.85 -4.87 Entry: 4:27.72
	25m: 14.11	50m: 29.72 (15.61)	75m: 46.02 (16.30)			
	100m: 1:02.47 (16.45)	125m: 1:18.92 (16.45)	150m: 1:35.60 (16.68)			
	175m: 1:52.30 (16.70)	200m: 2:09.20 (16.90)	225m: 2:25.81 (16.61)			
	250m: 2:42.51 (16.70)	275m: 2:59.35 (16.84)	300m: 3:16.32 (16.97)			
	325m: 3:33.22 (16.90)	350m: 3:50.03 (16.81)	375m: 4:06.94 (16.91)			
	400m: 4:22.85 (15.91)					
4	Ecclestone Daniel	15	United Swi...	0.73		4:22.94 -9.77 Entry: 4:32.71
	25m: 13.64	50m: 28.61 (14.97)	75m: 44.68 (16.07)			
	100m: 1:00.58 (15.90)	125m: 1:17.26 (16.68)	150m: 1:33.61 (16.35)			
	175m: 1:50.77 (17.16)	200m: 2:07.08 (16.31)	225m: 2:23.94 (16.86)			
	250m: 2:40.81 (16.87)	275m: 2:57.30 (16.49)	300m: 3:13.76 (16.46)			
	325m: 3:30.17 (16.41)	350m: 3:46.84 (16.67)	375m: 4:07.95 (21.11)			
	400m: 4:22.94 (14.99)					
5	Yin Caleb	15	Mt Eden Sw...	0.77		4:25.41 -7.02 Entry: 4:32.43
	25m: 13.57	50m: 28.58 (15.01)	75m: 44.28 (15.70)			
	100m: 1:00.50 (16.22)	125m: 1:17.24 (16.74)	150m: 1:34.11 (16.87)			
	175m: 1:50.97 (16.86)	200m: 2:07.32 (16.35)	225m: 2:23.92 (16.60)			
	250m: 2:40.87 (16.95)	275m: 2:57.30 (16.43)	300m: 3:13.94 (16.64)			
	325m: 3:30.26 (16.32)	350m: 3:45.76 (15.50)	375m: 4:08.71 (22.95)			
	400m: 4:25.41 (16.70)					
6	McNabb Finlay	17	Blenheim S...	0.69		4:25.84 +3.58 Entry: 4:22.26
	25m: 14.04	50m: 30.17 (16.13)	75m: 46.88 (16.71)			
	100m: 1:03.66 (16.78)	125m: 1:20.40 (16.74)	150m: 1:37.31 (16.91)			
	175m: 1:54.26 (16.95)	200m: 2:11.30 (17.04)	225m: 2:28.32 (17.02)			
	250m: 2:45.41 (17.09)	275m: 3:02.37 (16.96)	300m: 3:19.69 (17.32)			

325m: 3:36.53 (16.84) 350m: 3:53.34 (16.81) 375m: 4:10.02 (16.68)
 400m: 4:25.84 (15.82)

7  **Chapman Kain** 16  **Waterhole ...** 0.87 **4:27.30 -3.38**
 Entry: 4:30.68

25m: 14.21 50m: 30.09 (15.88) 75m: 46.82 (16.73)
 100m: 1:03.92 (17.10) 125m: 1:20.48 (16.56) 150m: 1:38.01 (17.53)
 175m: 1:55.87 (17.86) 200m: 2:14.50 (18.63) 225m: 2:30.81 (16.31)
 250m: 2:47.58 (16.77) 275m: 3:04.08 (16.50) 300m: 3:20.70 (16.62)
 325m: 3:37.37 (16.67) 350m: 3:54.77 (17.40) 375m: 4:11.09 (16.32)
 400m: 4:27.30 (16.21)

8  **Balsom Brathan** 19  **Matamata ...** 0.70 **4:27.64 -3.17**
 Entry: 4:30.81

25m: 13.99 50m: 29.95 (15.96) 75m: 46.19 (16.24)
 100m: 1:02.83 (16.64) 125m: 1:19.36 (16.53) 150m: 1:36.04 (16.68)
 175m: 1:52.92 (16.88) 200m: 2:10.16 (17.24) 225m: 2:27.39 (17.23)
 250m: 2:44.75 (17.36) 275m: 3:02.09 (17.34) 300m: 3:19.88 (17.79)
 325m: 3:37.06 (17.18) 350m: 3:54.44 (17.38) 375m: 4:11.33 (16.89)
 400m: 4:27.64 (16.31)

9  **O'Mara Ethan** 16  **Coast Swim...** 0.69 **4:27.65 -1.36**
 Entry: 4:29.01

25m: 14.29 50m: 30.50 (16.21) 75m: 47.21 (16.71)
 100m: 1:04.30 (17.09) 125m: 1:21.13 (16.83) 150m: 1:38.30 (17.17)
 175m: 1:55.15 (16.85) 200m: 2:12.52 (17.37) 225m: 2:29.54 (17.02)
 250m: 2:46.77 (17.23) 275m: 3:03.95 (17.18) 300m: 3:21.45 (17.50)
 325m: 3:38.65 (17.20) 350m: 3:55.79 (17.14) 375m: 4:12.29 (16.50)
 400m: 4:27.65 (15.36)

10  **Pedersen Oscar** 15  **Coast Swim...** 0.78 **4:28.07 -14.14**
 Entry: 4:42.21

25m: 14.17 50m: 30.00 (15.83) 75m: 46.45 (16.45)
 100m: 1:03.16 (16.71) 125m: 1:19.83 (16.67) 150m: 1:36.81 (16.98)
 175m: 1:53.64 (16.83) 200m: 2:10.31 (16.67) 225m: 2:26.99 (16.68)
 250m: 2:43.87 (16.88) 275m: 3:00.48 (16.61) 300m: 3:17.62 (17.14)
 325m: 3:34.84 (17.22) 350m: 3:51.33 (16.49) 375m: 4:12.17 (20.84)
 400m: 4:28.07 (15.90)

11  **Turetsky Daniel** 15  **Porirua City...** 0.63 **4:30.78 -8.91**
 Entry: 4:39.69

25m: 13.97 50m: 29.59 (15.62) 75m: 46.05 (16.46)
 100m: 1:02.52 (16.47) 125m: 1:19.53 (17.01) 150m: 1:36.58 (17.05)
 175m: 1:53.82 (17.24) 200m: 2:11.09 (17.27) 225m: 2:28.39 (17.30)
 250m: 2:45.79 (17.40) 275m: 3:03.61 (17.82) 300m: 3:21.47 (17.86)
 325m: 3:39.05 (17.58) 350m: 3:56.36 (17.31) 375m: 4:14.27 (17.91)
 400m: 4:30.78 (16.51)

12  **Choo Clement** 15  **North Shore...** 0.70 **4:30.81 -5.24**
 Entry: 4:36.05

25m: 13.90 50m: 29.68 (15.78) 75m: 46.18 (16.50)
 100m: 1:03.12 (16.94) 125m: 1:20.35 (17.23) 150m: 1:37.76 (17.41)
 175m: 1:54.99 (17.23) 200m: 2:12.52 (17.53) 225m: 2:29.93 (17.41)
 250m: 2:47.45 (17.52) 275m: 3:04.66 (17.21) 300m: 3:21.97 (17.31)
 325m: 3:39.28 (17.31) 350m: 3:56.45 (17.17) 375m: 4:14.52 (18.07)
 400m: 4:30.81 (16.29)

13  **Calder-Kerr Maxwell** 15  **Ice Breaker ...** 0.79 **4:30.82 -6.35**
 Entry: 4:37.17

25m: 13.84 50m: 29.38 (15.54) 75m: 45.77 (16.39)
 100m: 1:02.65 (16.88) 125m: 1:20.00 (17.35) 150m: 1:37.19 (17.19)
 175m: 1:54.42 (17.23) 200m: 2:11.80 (17.38) 225m: 2:29.20 (17.40)
 250m: 2:46.81 (17.61) 275m: 3:04.39 (17.58) 300m: 3:21.86 (17.47)

325m: 3:39.11 (17.25) 350m: 3:56.16 (17.05) 375m: 4:13.96 (17.80)
 400m: 4:30.82 (16.86)


13  **Chin Timothy**

14  **United Swi...** 0.66

4:30.82 -11.47
Entry: 4:42.29

25m: 13.36 50m: 28.62 (15.26) 75m: 44.80 (16.18)
 100m: 1:01.37 (16.57) 125m: 1:18.69 (17.32) 150m: 1:36.08 (17.39)
 175m: 1:53.51 (17.43) 200m: 2:10.92 (17.41) 225m: 2:28.93 (18.01)
 250m: 2:46.95 (18.02) 275m: 3:04.24 (17.29) 300m: 3:21.64 (17.40)
 325m: 3:39.35 (17.71) 350m: 3:56.84 (17.49) 375m: 4:14.07 (17.23)
 400m: 4:30.82 (16.75)


15  **Gallant Zac**

16  **Greymouth ...** 0.73

4:31.08 -6.71
Entry: 4:37.79

25m: 13.86 50m: 29.75 (15.89) 75m: 46.27 (16.52)
 100m: 1:03.24 (16.97) 125m: 1:20.56 (17.32) 150m: 1:37.94 (17.38)
 175m: 1:55.65 (17.71) 200m: 2:13.38 (17.73) 225m: 2:31.13 (17.75)
 250m: 2:48.87 (17.74) 275m: 3:06.54 (17.67) 300m: 3:24.01 (17.47)
 325m: 3:41.22 (17.21) 350m: 3:58.42 (17.20) 375m: 4:15.25 (16.83)
 400m: 4:31.08 (15.83)

16  **Handford Jack**

17  **Coast Swim...** 0.71

4:32.50 +5.70
Entry: 4:26.80

25m: 14.05 50m: 30.39 (16.34) 75m: 47.33 (16.94)
 100m: 1:04.41 (17.08) 125m: 1:21.29 (16.88) 150m: 1:38.33 (17.04)
 175m: 1:55.28 (16.95) 200m: 2:12.62 (17.34) 225m: 2:29.98 (17.36)
 250m: 2:47.44 (17.46) 275m: 3:04.83 (17.39) 300m: 3:22.20 (17.37)
 325m: 3:39.99 (17.79) 350m: 3:58.03 (18.04) 375m: 4:15.54 (17.51)
 400m: 4:32.50 (16.96)


17  **Cryer Max**

14  **St Paul's S...** 0.71

4:34.20 -11.67
Entry: 4:45.87


25m: 14.63 50m: 30.70 (16.07) 75m: 47.43 (16.73)
 100m: 1:04.95 (17.52) 125m: 1:22.31 (17.36) 150m: 1:39.51 (17.20)
 175m: 1:57.32 (17.81) 200m: 2:14.91 (17.59) 225m: 2:32.44 (17.53)
 250m: 2:50.10 (17.66) 275m: 3:07.54 (17.44) 300m: 3:24.81 (17.27)
 325m: 3:42.31 (17.50) 350m: 3:59.50 (17.19) 375m: 4:17.31 (17.81)
 400m: 4:34.20 (16.89)


18  **Fitzell Anaru**

14  **Swim Rotorua** 0.77

4:34.72 -8.48
Entry: 4:43.20

25m: 14.62 50m: 30.67 (16.05) 75m: 47.58 (16.91)
 100m: 1:04.89 (17.31) 125m: 1:22.55 (17.66) 150m: 1:40.22 (17.67)
 175m: 1:57.69 (17.47) 200m: 2:15.28 (17.59) 225m: 2:32.86 (17.58)
 250m: 2:50.44 (17.58) 275m: 3:08.17 (17.73) 300m: 3:26.28 (18.11)
 325m: 3:43.44 (17.16) 350m: 4:01.09 (17.65) 375m: 4:18.64 (17.55)
 400m: 4:34.72 (16.08)


19  **Henderson Finn**

16  **Queenstow...** 0.75

4:38.00 -1.30
Entry: 4:39.30

25m: 14.32 50m: 30.78 (16.46) 75m: 47.64 (16.86)
 100m: 1:04.89 (17.25) 125m: 1:22.26 (17.37) 150m: 1:39.92 (17.66)
 175m: 1:57.68 (17.76) 200m: 2:15.48 (17.80) 225m: 2:32.96 (17.48)
 250m: 2:50.71 (17.75) 275m: 3:08.32 (17.61) 300m: 3:26.32 (18.00)
 325m: 3:44.25 (17.93) 350m: 4:02.38 (18.13) 375m: 4:20.55 (18.17)
 400m: 4:38.00 (17.45)


20  **Emanuel Clark**

14  **Selwyn Swi...** 0.68

4:39.72 -4.94
Entry: 4:44.66

25m: 14.44 50m: 30.39 (15.95) 75m: 47.23 (16.84)
 100m: 1:04.73 (17.50) 125m: 1:22.26 (17.53) 150m: 1:40.20 (17.94)
 175m: 1:58.01 (17.81) 200m: 2:16.06 (18.05) 225m: 2:33.89 (17.83)
 250m: 2:52.06 (18.17) 275m: 3:09.83 (17.77) 300m: 3:27.84 (18.01)


325m: 3:45.60 (17.76) 350m: 4:04.01 (18.41) 375m: 4:22.17 (18.16)
 400m: 4:39.72 (17.55)


21  **Brown Kaleb**

17  **Aquagym S...** 0.81

4:40.71 **+3.96**
Entry: 4:36.75

25m: 14.64 50m: 31.34 (16.70) 75m: 48.38 (17.04)
 100m: 1:06.13 (17.75) 125m: 1:23.72 (17.59) 150m: 1:41.63 (17.91)
 175m: 1:59.55 (17.92) 200m: 2:17.51 (17.96) 225m: 2:35.10 (17.59)
 250m: 2:52.89 (17.79) 275m: 3:10.73 (17.84) 300m: 3:28.71 (17.98)
 325m: 3:46.89 (18.18) 350m: 4:05.05 (18.16) 375m: 4:23.29 (18.24)
 400m: 4:40.71 (17.42)

22  **Forlong Hayden**

14  **Papamoa S...** 0.75

4:41.27 **-3.60**
Entry: 4:44.87

25m: 14.83 50m: 31.51 (16.68) 75m: 48.69 (17.18)
 100m: 1:06.15 (17.46) 125m: 1:23.77 (17.62) 150m: 1:41.48 (17.71)
 175m: 1:59.10 (17.62) 200m: 2:17.00 (17.90) 225m: 2:34.17 (17.17)
 250m: 2:52.01 (17.84) 275m: 3:09.76 (17.75) 300m: 3:27.71 (17.95)
 325m: 3:45.48 (17.77) 350m: 4:04.17 (18.69) 375m: 4:23.04 (18.87)
 400m: 4:41.27 (18.23)

23  **Latu Maxwell**

14  **Enterprise ...** 0.70

4:43.61 **-1.92**
Entry: 4:45.53

25m: 13.79 50m: 29.65 (15.86) 75m: 46.38 (16.73)
 100m: 1:03.80 (17.42) 125m: 1:21.72 (17.92) 150m: 1:39.68 (17.96)
 175m: 1:57.90 (18.22) 200m: 2:16.21 (18.31) 225m: 2:34.14 (17.93)
 250m: 2:52.52 (18.38) 275m: 3:10.98 (18.46) 300m: 3:29.82 (18.84)
 325m: 3:48.17 (18.35) 350m: 4:06.84 (18.67) 375m: 4:25.80 (18.96)
 400m: 4:43.61 (17.81)

24  **Zhao Brayden**

13  **Coast Swim...** 0.77

4:51.04 **-2.00**
Entry: 4:53.04

25m: 14.34 50m: 30.62 (16.28) 75m: 47.91 (17.29)
 100m: 1:05.52 (17.61) 125m: 1:23.81 (18.29) 150m: 1:41.76 (17.95)
 175m: 2:00.33 (18.57) 200m: 2:18.92 (18.59) 225m: 2:37.56 (18.64)
 250m: 2:56.41 (18.85) 275m: 3:15.67 (19.26) 300m: 3:34.79 (19.12)
 325m: 3:54.10 (19.31) 350m: 4:13.29 (19.19) 375m: 4:32.64 (19.35)
 400m: 4:51.04 (18.40)